

CONNECTING KIDS TO MEALS
JANUARY 2019 CACFP BREAKFAST

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	SATURDAY
		1	2	3	4	5
		WG Frosted Mini Wheats (1 pkg) Peach Cup (4oz) Milk (8oz)	WG Cheerios (1 pkg) Mandarin Orange Cup (4oz) Milk (8oz)	WG Cinnamon Frosted Flakes (1 pkg) Pineapple Cup (4oz) Milk (8oz)	WG Frosted Mini Wheats (1 pkg) Pear Cup (4oz) Milk (8oz)	WG Cinnamon Toast Crunch Cereal Mandarin Orange Cup (4oz) Milk (8oz)
6	7	8	9	10	11	12
WG Cheerios (1 pkg) Pineapple Cup (4oz) Milk (8oz)	WG Cinnamon Toast Crunch Cereal (1 pkg) Original Applesauce Cup (4oz) Milk (8oz)	WG Frosted Mini Wheats (1 pkg) Peach Cup (4oz) Milk (8oz)	WG Cheerios (1 pkg) Mandarin Orange Cup (4oz) Milk (8oz)	WG Cinnamon Frosted Flakes (1 pkg) Pineapple Cup (4oz) Milk (8oz)	WG Frosted Mini Wheats (1 pkg) Pear Cup (4oz) Milk (8oz)	WG Cinnamon Toast Crunch Cereal Mandarin Orange Cup (4oz) Milk (8oz)
13	14	15	16	17	18	19
WG Cheerios (1 pkg) Pineapple Cup (4oz) Milk (8oz)	WG Cinnamon Toast Crunch Cereal (1 pkg) Original Applesauce Cup (4oz) Milk (8oz)	WG Frosted Mini Wheats (1 pkg) Peach Cup (4oz) Milk (8oz)	WG Cheerios (1 pkg) Mandarin Orange Cup (4oz) Milk (8oz)	WG Cinnamon Frosted Flakes (1 pkg) Pineapple Cup (4oz) Milk (8oz)	WG Frosted Mini Wheats (1 pkg) Pear Cup (4oz) Milk (8oz)	WG Cinnamon Toast Crunch Cereal Mandarin Orange Cup (4oz) Milk (8oz)
20	21	22	23	24	25	26
WG Cheerios (1 pkg) Pineapple Cup (4oz) Milk (8oz)	WG Cinnamon Toast Crunch Cereal (1 pkg) Original Applesauce Cup (4oz) Milk (8oz)	WG Frosted Mini Wheats (1 pkg) Peach Cup (4oz) Milk (8oz)	WG Cheerios (1 pkg) Mandarin Orange Cup (4oz) Milk (8oz)	WG Cinnamon Frosted Flakes (1 pkg) Pineapple Cup (4oz) Milk (8oz)	WG Frosted Mini Wheats (1 pkg) Pear Cup (4oz) Milk (8oz)	WG Cinnamon Toast Crunch Cereal Mandarin Orange Cup (4oz) Milk (8oz)
27	28	29	30	31		
WG Cheerios (1 pkg) Pineapple Cup (4oz) Milk (8oz)	WG Cinnamon Toast Crunch Cereal (1 pkg) Original Applesauce Cup (4oz) Milk (8oz)	WG Frosted Mini Wheats (1 pkg) Peach Cup (4oz) Milk (8oz)	WG Cheerios (1 pkg) Mandarin Orange Cup (4oz) Milk (8oz)	WG Cinnamon Frosted Flakes (1 pkg) Pineapple Cup (4oz) Milk (8oz)		